

Kate Tremills

Author, Speaker & Creativity Expert

Kate is an author and speaker, with four bestselling novels and featured articles in Giant, Elle Canada and ScreenTalk. On her path, Kate found a passion for uniting wellbeing and success. After willfully ignoring her intuition for years, she grew devoted to guiding others to reclaim their inner power. She studied practices that nurtured her joyful creativity. Kate shares her methodology in workshops and an upcoming book.

Privilege of a Lifetime

Every day is a creative adventure. When you engage with life as an intuitive conversation, you discover who you are and what matters. You uncover the magic that is YOU.

Lead with Your Intuition

Intuition is your best friend. The one that wants you to live in joy and always has your back. Discover how to listen, what gets in the way, and why this is key to living your true life.

Creativity as a Map to Joy

Whether you create a book, podcast, or business, the creative process changes you. The product is a delight! Yet, the real treasure and joy is in who you become. Find out how to follow the joy.

VENUS LESSONS

Venus Lessons teaches practices of joyful creativity and wealth. When you nurture your inner wisdom and confidence, you create with ease. My methodology teaches you how to break cycles of burnout, listen to your intuition, and find practices that work for you to sustain joyful creating!