

Kate Tremills

Author, Speaker & Book Coach

Kate Tremills is an author, speaker, and book coach helping women creators break free from burnout culture and reclaim their joy. The bestselling author of four fantasy novels and *Joyful Creating*, she was a regular contributor to Elle Canada and a speaker at creative leadership events. After years working in film and willfully ignoring her own intuition, she developed the Joyful Creating methodology to help creative entrepreneurs reclaim their power. She shares this work through speaking, podcasts, Substack, and book coaching.

Privilege of a Lifetime

Every day is a creative adventure. When you engage with life as an intuitive conversation, you discover who you are and what matters. You uncover the magic that is YOU.

Lead with Your Intuition

Intuition is your best friend. The one that wants you to live in joy and always has your back. Discover how to listen, what gets in the way, and why this is key to living your true life.

Creativity as a Map to Joy

Whether you create a book, podcast, or business, the creative process changes you. The product is a delight! Yet, the real treasure and joy is in who you become. Find out how to follow the joy.

JOYFUL CREATING

What if creating felt like coming home? Joyful Creating is Kate's method for makers, writers, and entrepreneurs who are ready to stop fighting their creative life and start loving it. You'll learn to listen to your intuition, break free from burnout cycles, and find a rhythm that lights you up. The product is a delight. The transformation is the treasure.

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